

# SPARTAN ELITE WRESTLING CLUB

TAUGHT BY:

## Charlie Heard

*Pan-American Games silver medalist, World Cup silver medalist, a two-time U.S. freestyle champion and coached several olympic champions*

## Gage Swartz

*VA state title (record: 197-25) two-time NHSCA high school All-American and four year WVU Wrestler*

## Tom Kizer

*VA National Team, VA Tech & WVU Wrestler*

*Spartan Elite is a highly competitive wrestling club designed to take wrestlers to the next level and compete with the best in the country.*

**Practices:**

**Tues. / Thurs. 7pm - 8pm**

**Sun. 2pm - 4pm**

**\$150** *per month*

**Check us out on Facebook!**

**804.916.0315**

**spartanelitewrestlingclub@gmail.com**



**Starts December 2nd!**

